

Unit 3**Food**

Chapter 3.2:- The Food we Eat

Exercise

Let us speak

Answer the questions

1. Where do you sit when you have lunch at school?

Ans. I sit in the school playground with my friends to have lunch at school.

2. How do you share your food with your friends?

Ans. We keep our lunch boxes in the centre and everyone share food.

3. When you were hungry, did anyone share food with you?

Ans. Yes, when I was hungry my friends shared their food with me.

Let us read

A. Think of words for the pictures and read aloud

Ans.

- We eat fruits and vegetables which farmers grow.
- Some farmers keep beehives.
- We get honey from honeybees.
- Some farmers keep cows.
- We get milk from cows.
- We make curds and butter from the milk.
- We should say 'thank you' to cows and farmers.

Let us speak

1. Name the food items you see in the picture.

Ans. Food items in the picture are idli with chutney, tomato soup, samosa with ketchup, puri with aloo sabzi, dosa sambhar, paratha, gujiya and laddoos, chole bhature, mutter pulao with dal, cupcakes, jalebis, uthapam, momos and chilla with chutney.

2. Which is your favourite sweet?

Ans. My favourite sweet is rasgulla & gulabjamun.

3. Who cooks food at home?

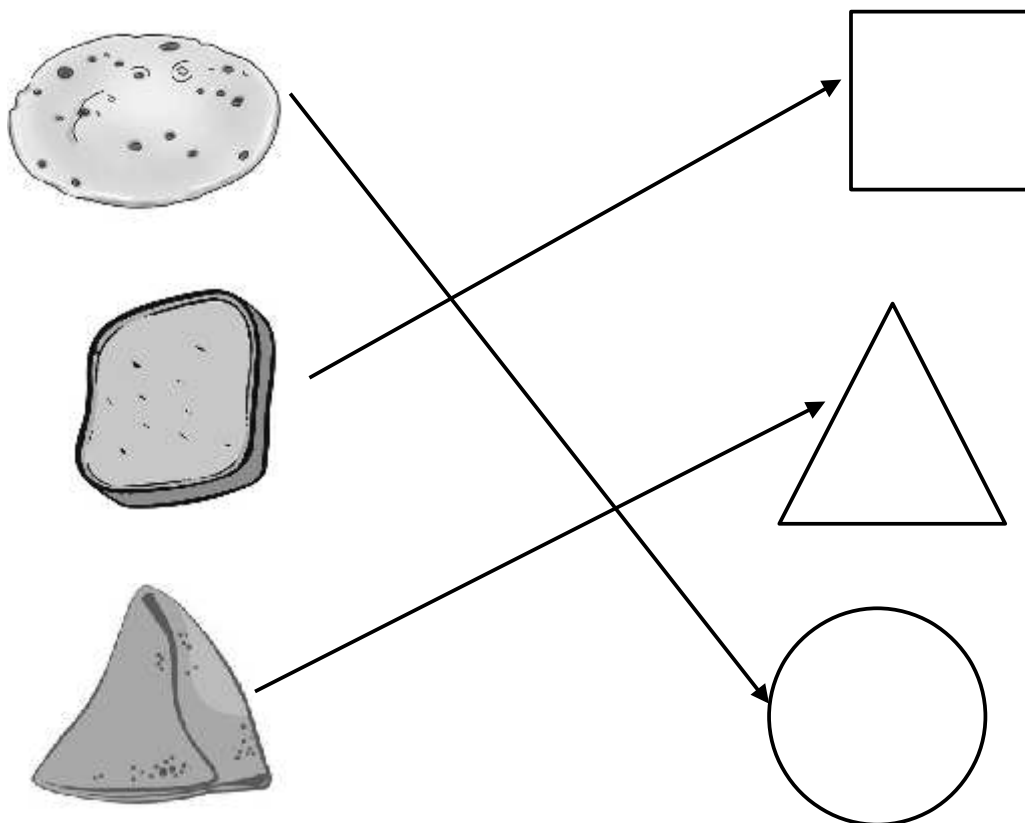
Ans. My mother & my aunt cooks food at home.

4. Do you pick up your plate after a meal?

Ans. Yes, I pick up my plate after a meal.

Let us do

Match the food item to its shape.



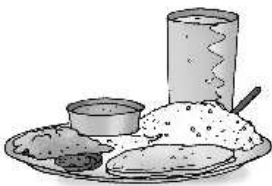
Let us draw

A. Say the names of the special dishes you eat at home. Draw and colour them. See what others have drawn.

Ans.



B. Match the following images to the sentences.



- This cow is brown.
- These are four oranges.
- This is a purple cap.
- This is my lunch.
- This is a green jeep.

Let us do

1. I am a fruit. My name is my colour.

Who am I?

Ans. Orange

2. I am hard and brown on the outside.

Soft and white inside.

Who am I?

Ans. Coconut

3. I am a vegetable. I am pink in colour.

I may also be white in colour.

If you cut me, I make you cry.

Who am I?

Ans. Onion

4. I am a fruit. I come in green or purple.

I come in a bunch.

Who am I?

Ans. Grapes