

**Class 5
EVS**
Up You Go!

A Fill in the blanks.

Tricolour	Pegs, pitons	1600	Firewood, stones	Step
Cucumbers	Karakoram	Sticks	Sherpa, hikers	Mizo

- The rope was tightly fixed to _____ or _____ on both sides.
- Tekla village was at a height of _____ metres.
- Khondonbi plucked two _____ from the field.
- They saw fruits and vegetables growing in the _____ fields.
- K2 is a mountain in the _____ range.
- Khondonbi spoke only _____ language.
- _____ are native people who help _____.
- They all made a chulha with _____ and _____.
- Our National flag is _____.
- Mountaineers walk on snow with the help of _____.

B Answer in one word.

- The first persons who climb Mount Everest _____
- The first Indian woman who climbed the Mount Everest. _____
- Name the worlds first highest mountain in the world. _____
- Special way of coming down the mountain using a Rope is called _____
- Mount Everest is situated in _____
- Name of Mountaineering Institute in Uttarkashi. _____

C Match the following.

Column A	Column B
1. Mount Everest also called	a. Brigadier Gyan Singh
2. Bachhendri Pal grew up in	b. 8900 metre
3. Director of our adventure course	c. 10 th February 1984
4. Height of Mt. Everest is	d. 23 rd May 1984
5. Bachhendri Pal summit Mt. Everest on	e. Nakuri Village in Garhwal area of Uttarkashi
6. Rock climbing start on	f. Sagarmatha in Nepal

D Identify the person and answer the following questions.


1. Identify the person in the picture.

Ans. _____

2. Which place does she belong to?

Ans. _____

3. Who was the guide of this woman?

Ans. _____

4. What are her achievement?

Ans. _____

5. How much time she spent on the highest peak of the world?

Ans. _____

E Answer the following questions.

1. Who had all gone for the mountaineering camp?

Ans. _____

2. Who were the members of group number 7?

Ans. _____

3. What are the responsibilities of a mountaineering group/team leader?

Ans. _____

Answer

A.

- | | | | |
|-----------------|-------------------|---------------------|---------|
| 1. Pegs, pitons | 2. 1600 | 3. Cucumbers | 4. Step |
| 5. Karakoram | 6. Sherpa, hikers | 7. Firewood, stones | 8. Mizo |
| 9. Tricolour | 10. Sticks | | |

B.

- | | |
|--------------------------------------|--------------------|
| 1. Tenzing Norgay and Edmund Hillary | 2. Bachhendri Pal |
| 3. Mount Everest | 4. Rapling |
| 5. Nepal | 6. Nehru Institute |

C.

- | | | | | | |
|-----|-----|-----|-----|-----|-----|
| 1.f | 2.e | 3.a | 4.b | 5.d | 6.c |
|-----|-----|-----|-----|-----|-----|

D.

1. the person shown in the picture is Bachhendri Pal.
2. Bachhendri Pal was born to a Bhotiya family on 24th May 1954 in Nakuri village, in the Uttarkashi district in the Indian state of Uttarakhand.
3. Brigadier Gyan Singh was the guide of Bachhendri Pal.
4. Bachhendri Pal is an Indian mountaineer. She is the first Indian woman to climb the summit of world's highest mountain, Mount Everest, what she did in 1984. She was awarded the third highest civilian award Padma Bhushan by Government of India in 2019.
5. Bachhendri Pal spent 43 minutes on the Mount Everest.

E.

1. Twenty teachers from Kendriya Vidyalaya, other women from banks and other institutions had gone for the mountaineering camp.
2. Group 7 included girls from Assam, Manipur, Mizoram, Meghalaya, and Nagaland and a teacher from Kendriya Vidyalaya.
3. Following are the responsibilities of a mountaineering group leader:
 - Help others in carrying their bags.
 - Let the group go ahead and keep to the last.
 - Help those who cannot climb properly.
 - Find a good place to stop and rest.
 - Look after those who are not well.
 - Arrange for food for the group.
 - To be ready to be punished even if when someone else may have made a mistake.