

**Class 5
EVS**

From Tasting to Digesting

A Choose the correct option.

ORS smell	Strong Churns	sugar, salt grow, develop	Chew Proper	Kalahandi Strength
--------------	------------------	------------------------------	----------------	-----------------------

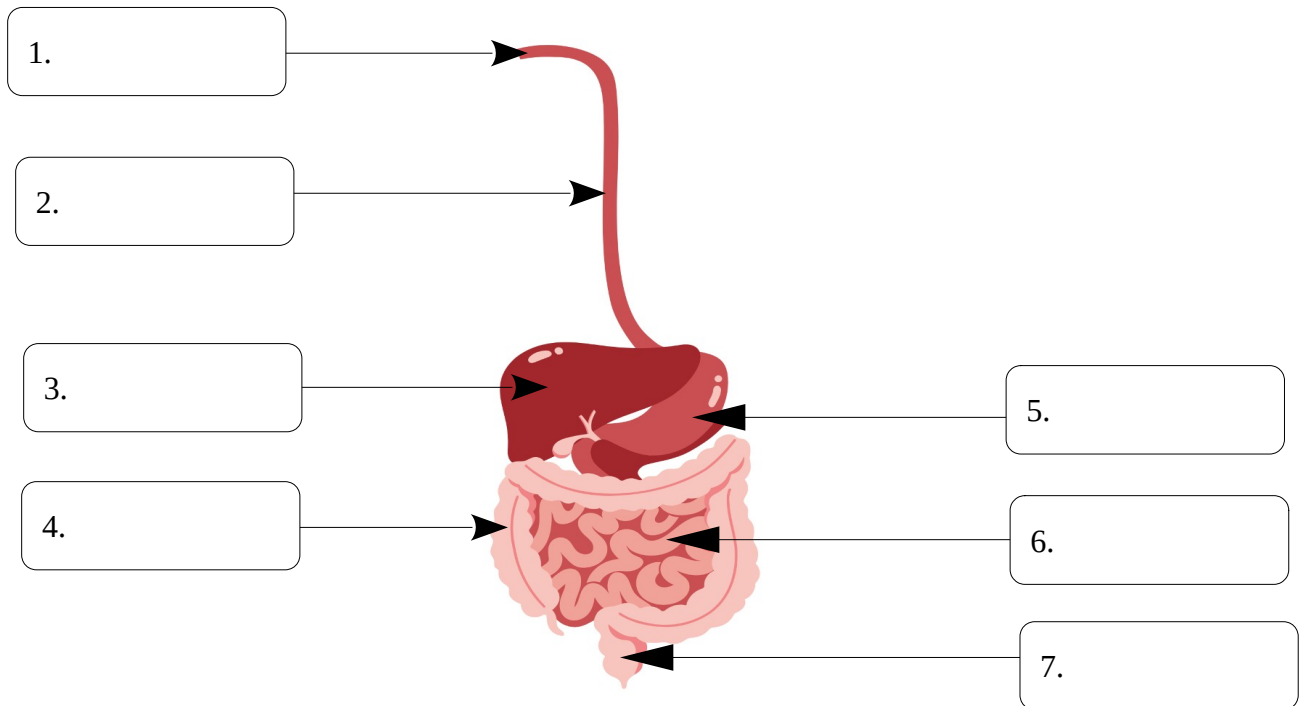
- To get enough and _____ food is the right of every child.
- Glucose gives _____ to our body immediately.
- To digest the food properly, we should eat slowly and _____ the food well.
- One should be given a _____ and _____ solution when one has loose motion and vomiting.
- Onion, garlic and saunf have a _____ smell.
- Many labourers die due to Hunger in _____ district (Odisha).
- If the condition of the patient is very bad due to vomiting and motions the patient is put on an _____.
- The sense of taste and _____ are related.
- We should get enough and healthy food to _____ and _____ properly.
- Our stomach _____ the food for digestion in our body.

B Name any two food items which are:

- Sweet:- _____
- Salty:- _____
- Bitter:- _____
- Spicy:- _____
- Sour:- _____

C Label the parts of the digestive system with the help of words given in the help box.

Rectum, Large intestine, Esophagus (food pipe), Small intestine, Stomach, Liver, Mouth



D Give reasons.

1. Sometimes people hold their nose before taking a medicine.

Ans. _____

2. We cannot taste food properly when we have a cold.

Ans. _____

E	Answer the following questions. (short)
----------	--

1. Why should we chew our food properly?

Ans. _____

2. Why should we eat proper food?

Ans. _____

3. How does a piece of bread taste after we chew it for some time?

Ans. _____

4. Why do we feel weak when we have an upset stomach and vomiting?

Ans. _____

5. How is digestion affected when we are sad?

Ans. _____

F	Match the following.
----------	-----------------------------

Column A	Column B	Ans.
1. Tongue	a. The juices in the stomach	1. ____
2. Dr. Beaumont	b. A glucose drip is given for	2. ____
3. Acidic	c. Half boiled egg	3. ____
4. Back	d. stomach experiments	4. ____
5. Three hours	e. The sense organ of our body that tastes the food is	5. ____
6. Instant energy	f. A part of the tongue tastes bitter	6. ____

Answers

A.

- | | |
|------------------|----------------|
| 1. Proper | 2. Strength |
| 3. Chew | 4. Sugar, salt |
| 5. Strong | 6. Kalahandi |
| 7. ORS | 8. Smell |
| 9. Grow, develop | 10. Churns |

B.

- | | |
|-----------------------|--------------------|
| 1. Barfi, Gulab jamun | 2. Soup, Eggs |
| 3. Bitter, Coffee | 4. Chillies, Pizza |
| 5. Vinegars, Tamarind | |

C.

- | | |
|------------|--------------------------|
| 1. Mouth | 2. Esophagus (food pipe) |
| 3. Liver | 4. Large intestine |
| 5. Stomach | 6. Small intestine |
| 7. Rectum | |

D.

1. Since medicines don't taste good, people don't want to know the taste of it. So, if the nose is closed, the taste of the medicine will be masked.
2. We know that the sense of smell helps in getting the complete taste of food. In case of a common cold, our nose is blocked, which blocks the sense of smell. That is why we are unable to taste food properly in case of a cold.

E.

1. Chewing is an essential part of digestion. The more you chew, the better your food will be broken down prior to entering your stomach.
2. Good nutrition is an important part of leading a healthy lifestyle.
3. When a piece of bread is chewed slowly, it tastes sweeter after sometime.
4. Due to loss of water, our bodies have dehydration and this leads to electrolyte imbalance. So muscles don't work properly. That's why we feel weakness.
5. Digestion slows down when we are sad. There is no effective digestion when we are sad or gloomy.

F.

- | | | | | | |
|------|------|------|------|------|------|
| 1. e | 2. d | 3. a | 4. f | 5. c | 6. b |
|------|------|------|------|------|------|